

Shiva Book for the  
House of Mourning

סדור לשבעה



# Afternoon Service

## Afternoon Service - For Mourning

For everything there is a season,  
a time for every experience under heaven.

*A time to be born and a time to die;  
a time to plant and time to uproot.*

A time to tear down and a time to build;  
a time to weep and a time to laugh.

*A time to grieve and a time to dance;  
a time to cast stones and a time to gather stones together.*

A time to embrace and a time to refrain,  
a time to seek and a time to lose.

*A time to keep and a time to discard;  
a time to tear and a time to sew.*

A time to keep silence,  
and a time to speak.

- Kohelet 5

~ ~ ~

When we are dead and people weep for us and grieve let it be because we touched their lives with beauty and simplicity. Let it not be said that life was good to us, but rather, we were good to life.

- Jacob Phillip Rudin

## Afternoon - Traditional

אַשְׁרֵי יוֹשְׁבֵי בֵּיתְךָ, עוֹד יִהְלְלוּךָ סֵלָה.  
אַשְׁרֵי הָעַם שְׁכַנְּךָ לוֹ, אַשְׁרֵי הָעַם שֵׁי אֱלֹהָיו.

Ash-rei yosh-vei vei-te-cha, od yi-ha-lu-cha selah.  
Ash-rei ha-am she-ka-cha lo, ash-rei ha-am she-Adonai el-o-hav.

Fortunate are those who dwell in Your house;  
they praise You forever.  
*Fortunate the people who have it so;  
fortunate the people whose God is Adonai.*

## תְּהִלָּה לְדָוִד

אַרוֹמְמֶךָ אֱלֹהֵי הַמֶּלֶךְ, וְאַבְרַכָּה שְׁמֶךָ לְעוֹלָם וָעֶד.  
A-ro-mim-cha Elohai ha-melech, va-avar'chah shim-cha l'olam va-ed.

בְּכֹל יוֹם אַבְרַכְּךָ, וְאַהֲלֵלְךָ שְׁמֶךָ לְעוֹלָם וָעֶד.  
B'chol yom avar'cheka, va-ahal'lah shim-cha l'olam va-ed.

גָּדוֹל יְיָ וּמְהֻלָּל מְאֹד, וְלִגְדֻלְתּוֹ אֵין חֶקֶר.  
Gadol Adonai um'hulal m'od, v'ligdulato ein cheiker.

דֹר לְדֹר יִשְׁבַח מַעֲשֶׂיךָ, וּגְבוּרַתֶיךָ יִגִּידוּ.  
Dor l'dor y'shabach ma-asecha, ug'vurotecha yagidu.

הֵדֵר כְּבוֹד הוֹדֶךָ, וְדִבְרֵי נִפְלְאוֹתֶיךָ אֲשִׁיחָה.  
Hadar k'vod hodecha, v'divrei nifl'otecha asichah.

וְעִזּוֹז נֹרְאוֹתֶיךָ יֵאמְרוּ, וּגְדֻלְתְּךָ אֲסַפְּרֶנָּה.  
Ve-ezuz nor'otecha yomeiru, ug'dulat'cha asap'renah.

זֶכֶר רַב טוֹבְךָ יִבְיַעוּ, וְצִדְקַתְּךָ יִרְנְנוּ.  
Zecher rav tuv'cha yabi'u, v'tzidkat'cha y'ranei-nu.

חַנוּן וְרַחוּם יְיָ, אֲרַךְ אַפַּיִם וּגְדֹל חַסֵּד.  
Chanun v'rachum Adonai, erech apayim ug'dol chasad.

טוֹב יי לְכֹל, וְרַחֲמָיו עַל כָּל מַעֲשָׂיו.

Tov Adonai lakol, v'rachamav al kol ma-asav.

יְדוּחָהּ יי כָּל מַעֲשֵׂיךָ, וְחִסְדֵיךָ יְבָרְכֶנָּה.

Yoducha Adonai kol ma-asecha, vachasidecha y'var'chuchah.

כְּבוֹד מַלְכוּתְךָ יֵאמְרוּ, וּגְבוּרַתְךָ יִדְבְּרוּ.

K'vod malchut'cha yomeiru, ug'vurat'cha y'dabeiru.

לְהוֹדִיעַ לְבָנֵי הָאָדָם גְּבוּרָתְךָ, וְכְבוֹד הַדָּר מַלְכוּתְךָ.

L'hodi-a livnei ha-adam g'vurotav, uch'vod hadar malchuto.

מַלְכוּתְךָ מַלְכוּת כָּל עוֹלָמִים, וּמְמַשְׁלֶתְךָ בְּכָל דֹּר וָדֹר.

Malchut'cha malchut kol olamim, umemshalt'cha b'chol dor vador.

סוֹמֵךְ יי לְכָל הַנִּפְלִים, וְזוֹקֵף לְכָל הַכַּפּוּפִים.

Someich Adonai l'chol hanof'lim, v'zokeif l'chol hak'fufim.

עֵינֵי כָל אֱלֹהֵיךָ יִשְׁבְּרוּ, וְאַתָּה נוֹתֵן לָהֶם אֶת אֲכֹלָם בְּעֵתוֹ.

Einei chol eilecha y'sabeiru, v'atah notein lahem et och'lam b'ito.

פּוֹתַח אֶת יָדְךָ, וּמִשְׁבִּיעַ לְכָל חַי רָצוֹן.

Potei-ach et yadecha, umasbi-a l'chol chai ratzon.

צַדִּיק יי בְּכָל דְּרָכָיו, וְחֹסֵד בְּכָל מַעֲשָׂיו.

Tzadik Adonai b'chol d'rachav, v'chavid b'chol ma-asav

קָרְאֵנוּ, לְכָל אֲשֶׁר יִקְרָאֵהוּ בְּאֵמֶת.

Karov Adonai l'chol kor'av, l'chol asher yikra-uhu ve-emet.

רָצוֹן יִרְאֵנוּ יַעֲשֶׂה, וְאֵת שׂוֹעֲתָם יִשְׁמַע וְיוֹשִׁיעֵם.

R'tzon y'rei-av ya-aseh, v'et shavatam yishma v'yoshi-eim.

שׁוֹמֵר יי אֶת כָּל אֲהַבָּיו, וְאֵת כָּל הַרְשָׁעִים יִשְׁמִיד.

Shomeir Adonai et kol ohavav, v'eit kol har'shaim yashmid.

תְּהִלַּת יי יִדְבַּר פִּי, וְיִכְרַף כָּל בֶּשָׂר שֶׁם קָדְשׁוֹ לְעוֹלָם וָעֶד.

T'hilat Adonai y'daber pi, vivareich kol basar sheim kod'sho l'olam vaed.

וְאַנְחֵנוּ נִכְרַף יְהִי, מֵעַתָּה וְעַד עוֹלָם, הַלְלוּיָהּ.

Va-anachnu n'vareich yah, mei-atah v'ad olam, hal'luyah.

I will extol You my God and Sovereign,  
and bless Your name forever and ever.

*Every day will I bless You, and praise Your name forever and ever*

Great is Adonai and much acclaimed;  
God's greatness cannot be fathomed.

*One generation shall laud Your works to another,  
and declare Your mighty acts.*

The glorious majesty of Your splendor,  
and Your acts shall I recite.

*They shall talk of the might of Your awesome deeds,  
and I shall recount Your greatness.*

They shall celebrate Your abundant kindness,  
and sing joyously of Your beneficence.

*Adonai is gracious and compassionate,  
slow to anger and abounding in kindness.*

Adonai is good to all,  
and God's mercy is upon all God's works.

*All Your works shall praise You Adonai,  
and Your faithful ones shall bless You.*

They shall talk of the majesty of Your sovereignty,  
and speak of Your might.

*To make God's mighty acts known among mortals,  
and the majestic glory of Your sovereignty.*

Your sovereignty is eternal,  
Your dominion is for all generations.

*Adonai supports all who stumble,  
and makes all who are bent stand straight.*

The eyes of all look to You expectantly,  
and You give them their food when it is due.

*You give it open-handedly,  
feeding every creature to its heart's content.*

Adonai is beneficent in all ways,  
and faithful in all works.

*Adonai is near to all who call,  
to all who call upon God with sincerity.*

Adonai fulfills the wishes of those who fear God;  
Adonai hears their cry and delivers them.

*Adonai watches over all who love God,  
but wickedness God will destroy.*

My mouth shall utter the praise of Adonai,  
and all creatures shall bless God's holy name  
forever and ever.

*We will bless God now and always,  
Hallelujah!*

~ ~ ~

Days are scrolls; write on them what you want  
to be remembered.  
- Bachya ibn Pakuda

## Reader's Kaddish

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעֲלָמָא דִּי כְּרָא כְרַעוּתִיהּ,  
וְיִמְלִיךְ מַלְכוּתִיהּ בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעַגְלָא וּבְזִמְן קָרִיב וְאִמְרוּ  
אָמֵן:

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא:  
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקַדְשָׁא,  
בְּרִיךְ הוּא  
לְעָלָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא  
תְּשַׁבַּחְתָּא וְנַחֲמַתָּא, דְאִמְרוּן בְּעֲלָמָא, וְאִמְרוּ אָמֵן:

Yit-ga-dal ve-yit-ka-dash she-mei ra-ba (*Amein*) be-al-ma di-ve-ra chi-re-u-tei, ve-yam-lich mal-chu-tei  
*be-cha-yei-chon u-ve-yo-mei-chon u-ve-cha-yei de-chol beit Yis-ra-eil, ba-a-ga-la u-vi-ze-man ka-riv,*  
*ve-i-me-ru: A-mein. Ye-hei she-mei ra-ba me-va-rach le-a-lam u-le-al-mei al-ma-ya.*

*Yit-ba-rach...*

Yit-ba-rach ve-yish-ta-bach, ve-yit-pa-ar ve-yit-ro-mam ve-yit-na-sei, ve-yit-ha-dar ve-yit-a-leh  
ve-yit-ha-lal she-mei de-ku-de-sha,  
*be-rich hu,*  
le-ei-la min kol bi-re-cha-ta ve-shi-ra-ta,  
*tush-be-cha-ta ve-ne-che-ma-ta, da-a-mi-ran be-al-ma, v'imru: a-men.*

Let the Glory of God be extolled,  
let the Great Name be hallowed in the world whose creation God willed.  
May the Kingdom of Heaven soon prevail,  
in our day, in our own lives, and the life of all Israel,  
and let us say: *Amen*.  
Let God's great name be blessed for ever and ever.  
Let the glory of God be extolled,  
Let God's great name be sanctified in the world whose creation He willed.  
May the name of the Holy One be glorified,  
exalted and honored, though God is beyond all the praises, songs and adorations we could utter,  
and let us say: *Amen*.

# Amidah

(Please rise)

A-do-nai s'fa-tai tif-tach u-fi ya-gid  
t'hi-la-te-cha.

אֲדֹנָי שִׁפְתַי תִּפְתַּח וּפִי יִגִּיד תְּהִלָּתְךָ:

*Eternal God, open my lips that my mouth may declare Your praise.*

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאֲמוֹתֵינוּ, אֱלֹהֵי יִצְחָק וְאֱלֹהֵי יַעֲקֹב.  
אֱלֹהֵי שָׂרָה אֱלֹהֵי רַבְּקָה, אֱלֹהֵי רַחֵל וְאֱלֹהֵי לֵאָה. הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֲלִיּוֹן,  
גּוֹמֵל חֲסָדִים טוֹבִים, וְקוֹנֵה הַכֹּל, וְזוֹכֵר חֲסָדֵי אֲבוֹת וְאִמֹּהוֹת, וּמְבִיא גְּאֻלָּה לְבְנֵי בְנֵיהֶם  
לְמַעַן שְׁמוֹ בְּאֶהְבָּה: מְלֹךְ עוֹזֵר וּמוֹשִׁיעַ וּמַגֵּן: בְּרוּךְ אַתָּה יי, מַגֵּן אֲבֹרָהּ וְאִזְרַת וְשָׂרָה:

Ba-ruch a-tah A-do-nai E-lo-hei-nu vei-lo-hei a-vo-tei-nu v'i-mo-tei-nu, E-lo-hei Av-ra-ham, E-lo-hei  
Yitz-chak vei-lo-hei Ya-a-kov. E-lo-hei Sa-ra, E-lo-hei Riv-ka, E-lo-hei Ra-chel, vei-o-hei Lei-ah. Ha-eil  
ha-ga-dol ha-gi-bor v'ha-no-rah, El el-yon go-meil cha-sa-dim to-vim v'ko-nei ha-kol, v'zo-cheir chas-dei  
a-vot v'i-ma-hot, u-mei-vi g'u-lah liv-nei v'nei-hem l'ma-an sh'mo b'a-ha-vah. Me-lech, o-zeir,  
u-mo-shi-a, u-ma-gein. Ba-ruch a-tah A-do-nai, ma-gein Av-ra-ham v'ez-rat -Sa-rah.

We praise You, our God, and God of Abraham and Sarah, God of Isaac and Rebecca and God of Jacob, Leah and  
Rachel, the great, mighty and awesome God, God most high. Bestower of loving-kindness, Creator of all, You  
remember the piety of ancestors and bring redemption to their descendants out of love alone. You are Sovereign,  
Helper, Savior and Shield. Praised are You, Adonai, Shield of Abraham and Sarah .

A-tah gi-bor l'o-lam A-do-nai, m'cha-yei  
ha-kol (meitim), rav l'ho-sh-iah m'chal-keil  
cha-yim v'che-sed, m'cha-yei ha-kol  
(meitim) b'ra-cha-mim ra-bim, so-meich  
nof-lim, v'ro-fei cho-lim, u'ma-tir a-su-rim,  
um'ka-yeim e-mu-na-to li-shei-nei a-far mi  
cha-mo-cha ba'al g'vu-rot u'mi do-meh

lach, me-lech mei-mit um-cha-yei  
u-matz-mi-ach yesh-u-a. V'-ne-he-man  
a-tah l'ha-cha-yot ha-kol (meitim). Ba-ruch  
A-tah A-do-nai, m'cha-yei ha-kol (meitim).

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֶּה הַכֹּל  
(מֵתִים) אַתָּה, רַב לְהוֹשִׁיעַ:  
מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֶּה הַכֹּל (מֵתִים)  
בְּרַחֲמִים רַבִּים, סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא  
חוֹלִים, וּמְתִיר אֲסוּרִים, וּמְקַיֵּם אֲמוּנָתוֹ  
לִישְׁנֵי עֶפֶר, מִי כְמוֹךָ בְּעַל גְּבוּרֹת וּמִי  
דוֹמָה לָךְ, מְלֹךְ מְמִית וּמְחַיֶּה וּמְצַמְחֵי  
יְשׁוּעָה:  
וְנִאֲמַן אַתָּה לְהַחְיֹת הַכֹּל (מֵתִים) . בְּרוּךְ  
אַתָּה יי, מְחַיֶּה הַכֹּל (מֵתִים) .



Your might is everlasting, O Eternal One, You give life to all things. Abundant is Your power to save. With love, You sustain the living, with great compassion revitalize all. You help the falling and heal the sick; You free the captive and keep faith with those who sleep in the dust. Who is like You, Mighty One? Who is Your equal, Sovereign of life and death, Source of salvation? You faithfully sustain all life. Praised be You, O Eternal, who revitalizes all life.

נְקִדֵּשׁ אֶת שְׁמֶךָ בְּעוֹלָם, כְּשֵׁם שְׁמִקְדִּישִׁים אוֹתוֹ בְּשִׁמֵי מְרוֹם, כְּכַתוּב עַל יַד נְבִיאֶךָ: וְקָרָא  
זֶה אֵל זֶה וְאָמַר:

N'kadeish et shimcha baolam, kshem sh'makdishim oto bishmey marom, kakatuv al yad n'viecha v'kara zeh el zeh v'amar:

קְדוֹשׁ, קְדוֹשׁ, קְדוֹשׁ יְיָ צְבָאוֹת, מְלֵא כָּל הָאָרֶץ כְּבוֹדוֹ.

*Ka-dosh, ka-dosh, ka-dosh, A-do-nai tz'va-ot, m'-lo kol ha-a-retz k'-vo-do!*

אֲדִיר אֲדִירֶנּוּ יְיָ אֲדִינֶנּוּ, מָה אֲדִיר שְׁמֶךָ בְּכָל הָאָרֶץ.

Adir adireinu Adonai adonainu ma adir shimcha b'chol haaretz

בְּרוּךְ כְּבוֹד יְיָ מִמְּקוֹמוֹ.

*Ba-ruch k'vod A-do-nai, mi-m'ko-mo!*

אֶחָד הוּא אֱלֹהֵינוּ, הוּא אָבִינוּ, הוּא מַלְכֵנוּ, הוּא מוֹשִׁיעֵנוּ, וְהוּא יִשְׁמִיעֵנוּ בְּרַחֲמָיו לְעֵינֵי  
כָּל חַי.

Ehad hu Eloheinu hu avinu hu malkeinu hu mosheinu v'hu yashmiaynu b'rachamav l'aynai kol chai

אֲנִי יְיָ אֱלֹהֵיכֶם! יְמִלְךָ יְיָ לְעוֹלָם, אֱלֹהֶיךָ צִיּוֹן לְדוֹר וָדוֹר, הַלְלוּיָהּ.

*A-ni A-do-nai E-lo-hei-hem! Yim-loch A-do-nai l'o-lam, e-lo-hei-yich Tzi-on, l'dor va-dor, ha-l'lu-yah!*

לְדוֹר וָדוֹר נִגִּיד גֹּדְלֶךָ, וְלִנְצַח נִצְחִים קִדְשָׁתְךָ נְקִדִּישׁ, וְשִׁבְחֶךָ, אֱלֹהֵינוּ, מִפִּינוּ לֹא יִמוּשׁ  
לְעוֹלָם וָעֶד. בְּרוּךְ אַתָּה יְיָ, הָאֵל הַקְּדוֹשׁ.

L'dor vador nagid godlecha, ulneytzach n'zachim kedushatcha nakdish. V'shivchacha Eloheinu mipinu lo yamush l'olam vaed. Baruch atta Adonai, hael hakadosh.

We sanctify Your name in the world, just as Your name is sanctified on high, and in the words of Your prophet we declare to each other:

*Holy! Holy! Holy! is Adonai of Hosts, the whole universe is filled with Your glory.*

Source of our strength, Eternal Sovereign, how majestic is Your presence in all the earth!

*Praised is God's glory through time and space!*

Our God is One, our Source, our Sovereign, our Salvation, Whose compassion is evident in all life.

*Adonai shall reign forever; your God, O Zion, for all generations - Halleluyah!*

## Weekday Petitions (*Bakhashot* - בקשות)

בָּרוּךְ אַתָּה יְיָ, חוֹנֵן הַדַּעַת.

Baruch atta Adonai, chonain ha'da'at  
Blessed Holy One, teach us understanding

בָּרוּךְ אַתָּה יְיָ, הַרוֹצֵה בְּתְּשׁוּבָה.

Baruch atta Adonai, harotzei beetshuvah  
Blessed Holy One, restore us to Your presence

בָּרוּךְ אַתָּה יְיָ, חַנוּן הַמְּרַבֵּה לְסִלְחָה.

Baruch atta Adonai, hamarbeh lisloach  
Blessed Holy One, pardon our transgressions

בָּרוּךְ אַתָּה יְיָ, גּוֹאֵל יִשְׂרָאֵל.

Baruch atta Adonai, goel Yisrael  
Blessed Holy One, see our afflictions and take up our cause

בָּרוּךְ אַתָּה יְיָ, רוֹפֵא חוֹלֵי עַמּוֹ יִשְׂרָאֵל.

Baruch atta Adonai, rofei choley amo Yisrael  
Blessed Holy One, heal us and let us be healed

בָּרוּךְ אַתָּה יְיָ, מְבַרֵךְ הַשָּׁנִים.

Baruch atta Adonai, mvareich hashanim  
Blessed Holy One, help us to prosper

בָּרוּךְ אַתָּה יְיָ, מְקַבֵּץ נִדְחֵי עַמּוֹ יִשְׂרָאֵל.

Baruch atta Adonai, m'kabieitz nidchei amo Yisrael  
Blessed Holy One, let us be united in freedom

בָּרוּךְ אַתָּה יְיָ, מֶלֶךְ אוֹהֵב צְדָקָה וּמִשְׁפָּט .

Baruch atta Adonai, melech oheiv tzedakah u'mishpat  
Blessed Holy One, pour out your spirit upon those who lead

בָּרוּךְ אַתָּה יְיָ, מְשַׁעַן וּמְבַטֵּחַ לְצַדִּיקִים.

Baruch atta Adonai, mishan u'mivtach latzdakim.  
Blessed Holy One, sustain the upright

בְּרוּךְ אַתָּה יי, בּוֹנֵה יְרוּשָׁלַיִם.

Baruch atta Adonai, boneh Yerushalim  
Blessed Holy One, help us build the sanctuary of our heart

בְּרוּךְ אַתָּה יי, מְצַמֵּיחַ קֶרֶן יְשׁוּעָה.

Baruch atta Adonai, matzmiach keren yeshua  
Blessed Holy One, sustain our hope for a better world

שִׁמְעֵ קוֹלֵנוּ, יי אֱלֹהֵינוּ, וְקַבֵּל בְּרַחֲמִים וּבְרָצוֹן אֶת תְּפִלָּתֵנוּ.

Shma koleinu, Adonai Eloheinu, v'kabeil b'rachamim u'v'Tzion et t'filateinu  
Hear our prayers, Adonai our God, and receive them in favor and love

R'tzei A-do-nai E-lo-hei-nu, b'am-cha  
Yis-ra-eil, u-ti-fi-la-tam b'a-ha-vah t'ka-beil.  
ut'hee l'ra-tzon ta-mid a-vo-dat Yis-ra-eil  
a-me-cha.

רְצֵה, יי אֱלֹהֵינוּ, בְּעַמְךָ יִשְׂרָאֵל וּתְפִלָּתָם  
בְּאַהֲבָה תְּקַבֵּל, וּתְהִי לְרָצוֹן תָּמִיד  
עֲבוֹדַת יִשְׂרָאֵל עִמָּךְ.

Show favor toward Your people Israel, Adonai our God, and lovingly receive their prayers. May the worship of Your people Israel always be acceptable.

מוֹדִים אֲנַחְנוּ לָךְ, שְׂאֵתָה הוּא, יי אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ, לְעוֹלָם וָעֶד, צוֹר חַיֵּינוּ, מִגֵּן יְשׁוּעָנוּ, אַתָּה הוּא לְדוֹר וָדוֹר נוֹדֶה לָךְ וְנִסְפָּר תְּהִלָּתְךָ.

Modim anachnu lach, sh'atah hu Adonai Eloheinu vay'lohei avoteinu, l'olam va'eid, tzur chay'yeinu magein yish'einu Atta hu l'dor vador nodeh lecha un'sapeir t'hilatecha

We give thanks to You, Adonai our God and God of our ancestors. You are the Rock of our lives, the shield of our salvation for all generations. We thank You and recite Your praises: for our lives, which are in Your hand; for our souls, which are in Your keeping; for Your miracles that are with us daily; and for Your wondrous goodness at all times, morning, noon and night. You are goodness: Your compassion never ends. You are the Merciful One: Your love endures forever. You have always been our hope. Let all the living affirm You and praise Your name in truth as the God of our salvation and help. Praised are You, Adonai, whose name is Goodness. All praises to You.

בְּרוּךְ אַתָּה יי, הַטּוֹב שְׂמֵךְ וְלָךְ נֶאֱחָה לְהוֹדוֹת.

Baruch atta Adonai ha tov shimcha u'lecha naeh l'hodote  
Praised are You, O God, whose name is Goodness and to Whom our praise is due.

Sim sha-lom, to-vah uv'ra-chah, chein  
va-che-sed v'ra-cha-mim, a-lei-nu v'al kol  
Yis-rael a-me-cha.

שִׁים שְׁלוֹם טוֹבָה וּבְרָכָה, חֵן וְחֶסֶד  
וְרַחֲמִים, עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל עַמְּךָ

Peace, goodness, and blessing; grace and love and mercy: may these descend on us and upon all of Israel Your people. Bless us, our Parent, one and all with the light of Your presence; for by that light, Adonai our God, You have given us a teaching of life, love and caring, of righteousness and blessing, of compassion, life and peace. And may it be Your will to bless Your people at all times, in every moment, with Your peace. Praised are You, Adonai, who blesses the people Israel with peace.

We give thanks to You, Adonai our God and God of our ancestors. You are the Rock of our lives, the shield of our salvation for all generations. We thank You and recite Your praises: for our lives, which are in Your hand; for our souls, which are in Your keeping; for Your miracles that are with us daily; and for Your wondrous goodness at all times, morning, noon and night. You are goodness: Your compassion never ends. You are the Merciful One: Your love endures forever. You have always been our hope. Let all the living affirm You and praise Your name in truth as the God of our salvation and help.

בְּרוּךְ אַתָּה יְיָ, הַטוֹב שְׂמֵךְ וְלֶךְ נֶאֱחָ לְהוֹדוֹת.

Baruch Atta, Adonai, hatov shimcha, u'lcha, naeh l'hodote

Praised are You, O God, whose name is Goodness and to Whom it is wonderful to praise

## Silent Meditation

Give ear, O Eternal, to my prayer,

heed my plea for mercy.

In my time of trouble I call You,

for You will answer me.

When pain and fatigue are my companions,

Let there be room in my heart for strength.

When days and nights are filled with darkness,

Let the light of courage find its place.

Help me to endure the suffering and dissolve the fear,

Renew within me the calm spirit of trust and peace.

## Seal Upon Our Prayers

O-seh sha-lom bim-ro-mav hu ya-a-seh sha-lom  
a-lei-nu, v'al kol Yis-ra-eil, v'im-ru a-mein

עֲשֵׂה שָׁלוֹם בְּמַרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ  
וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ אָמֵן:

May the One who causes peace to reign in the high heavens let peace descend on us, on all Israel,  
and all the world.

**(Continue with the Memorial service on page 24)**

## Evening Service

Adonai, God of the spirit of every mortal being, You are close to the hearts of the sorrowing, to strengthen and console them with the warmth of Your love, and with the assurance that the human spirit is enduring and indestructible. Even as we pray for perfect peace for those whose lives have ended, so do we ask You to give comfort and courage to the living.

*May the knowledge of Your nearness  
be our strength,  
O God, for You are with us at all times -  
in joy and sorrow,  
in light and darkness, in life and death.*

## Bar'chu

Bar-chu et A-do-nai ham'vo-rach!

בָּרְכוּ אֶת יְיָ הַמְּבָרֵךְ:

*Ba-ruch A-do-nai ham'vo-rach l'-o-lam va-ed!*

בְּרוּךְ יְיָ הַמְּבָרֵךְ לְעוֹלָם וָעֶד:

Praise Adonai, to whom our praise is due!  
Praised be Adonai, to whom our praise is due,  
now and forever!  
The Creator of All

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בְּדַבְּרוֹ מַעֲרִיב עַרְבִים, בְּחַכְמָה פּוֹתֵחַ  
שְׁעָרִים, וּבִתְבוּנָה מְשַׁנֶּה עֵתִים, וּמַחְלִיף אֶת הַזְּמַנִּים, וּמְסַדֵּר אֶת הַכּוֹכָבִים  
בְּמִשְׁמְרוֹתֵיהֶם בְּרַקִּיעַ כְּרִצּוֹנוֹ. בּוֹרֵא יוֹם וְלַיְלָה, גּוֹלֵל אֹר מִפְּנֵי חֹשֶׁךְ, וְחֹשֶׁךְ  
מִפְּנֵי אֹר. וּמַעֲבִיר יוֹם וּמַבְיֵא לַיְלָה, וּמַבְדִּיל בֵּין יוֹם וּבֵין לַיְלָה, יְיָ צְבָאוֹת שְׁמוֹ.  
אֵל חַי וְקַיִם, תָּמִיד יִמְלֹךְ עָלֵינוּ לְעוֹלָם וָעֶד. בְּרוּךְ אַתָּה יְיָ, הַמַּעֲרִיב עַרְבִים.

Baruch atah, Adonai Eloheinu, Melech haolam, asher bid'varo maariv aravim, b'chochmah potei-ach sh'arim, uvit'vunah m'shaneh itim umachalif et haz'manim, um'sadeir et hakochavim b'mishm'roteihem barakia kirtzono. Borei yom valailah, goleil or mipnei choshech, v'choshech mipnei or. Umaavir yom umeivi lailah, umavdil bein yom uvein lailah, Adonai Tz'vaot sh'mo. El chai v'kayam, tamid yimloch aleinu l'olam va-ed. Baruch atah, Adonai, hamaariv aravim.

May it be Your will that I lie down in peace  
and rise up in peace. Let not my thoughts,  
my dreams, or my daydreams disturb me.  
Watch over my family and those I love.

O Guardian of Israel, who neither slumbers nor sleeps, I entrust my spirit to You .  
Thus as I go to sleep, I put myself into Your safekeeping.

Grant me a night of rest. Let the healing processes that You have placed in my body  
and spirit go about their work so that I and those I love may recover from our loss.

May I awaken in the morning, refreshed and renewed to face a new tomorrow.

We praise You, Adonai Our God , Ruler of the Universe, who closes our eyes in renewing  
sleep.

\* \* \*

## God of Abundant Love

אַהֲבַת עוֹלָם בֵּית יִשְׂרָאֵל עִמָּךְ אַהֲבַת

Great is your love for us, Adonai our God, and great Your compassion. Our Source and Ruler,  
our ancestors trusted in You and You taught them the laws of life. Be gracious to us also and  
teach us.

Be kind to us God, source of compassion, and help us to know and understand, to learn and to  
teach, to observe and to do all Your teachings with love.

Enlighten our eyes with Your Torah, help us to do Your mitzvot and unite our hearts in love and  
reverence for You.

Because we trust in You, we will never be ashamed, great, holy and awesome One. Joy and  
happiness will be ours because You are our salvation, the author of many deliverances.

In love You have chosen us and drawn us close to praise You and proclaim Your unity. Praised  
are You, Adonai, Who has chosen the people Israel in love.

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵי יִשְׂרָאֵל.

## Take My Hand

When all seems dark and the darkness is harsh  
Take my hand.  
When I cannot see light even in the brightest of days  
Give me Your hand.  
When I am tired and every breath is heavy  
Take my hand.  
When words do not grasp the depth of yearning in my soul  
Give me Your hand.  
When my feelings are overwhelmed or dulled  
Take my hand.  
When I am confused and don't know what to do,  
Give me Your hand.  
So that we may be together.  
Take my hand.

## Reader's Kaddish

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעֲלָמָא דִּי בְּרָא כְרַעוּתֵיהּ,  
וְיִמְלִיךְ מַלְכוּתֵיהּ בְּחַיִּיכוּן וּבְיוֹמֵיכוּן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעֲגָלָא וּבְזִמְן קָרִיב וְאִמְרוּ  
אָמֵן:  
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלָם וּלְעָלְמֵי עָלְמַיָּא:  
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקַדְשָׁא,  
בְּרִיךְ הוּא  
לְעָלָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא  
תְּשַׁבַּחְתָּא וְנַחֲמְתָּא, דְאִמְרוּן בְּעֲלָמָא, וְאִמְרוּ אָמֵן:

Yit-ga-dal ve-yit-ka-dash she-mei ra-ba (*Amein*) be-al-ma di-ve-ra chi-re-u-tei, ve-yam-lich mal-chu-tei  
*be-cha-yei-chon u-ve-yo-mei-chon u-ve-cha-yei de-chol beit Yis-ra-eil, ba-a-ga-la u-vi-ze-man ka-riv,*  
*ve-i-me-ru: A-mein. Ye-hei she-mei ra-ba me-va-rach le-a-lam u-le-al-mei al-ma-ya.*  
*Yit-ba-rach...*

Yit-ba-rach ve-yish-ta-bach, ve-yit-pa-ar ve-yit-ro-mam ve-yit-na-sei, ve-yit-ha-dar ve-yit-a-leh  
ve-yit-ha-lal she-mei de-ku-de-sha,



be-rich hu,  
le-ei-la min kol bi-re-cha-ta ve-shi-ra-ta,  
tush-be-cha-ta ve-ne-che-ma-ta, da-a-mi-ran be-al-ma, v'imru: a-men.

Let the Glory of God be extolled,  
let the Great Name be hallowed in the world whose creation God willed.  
May the Kingdom of Heaven soon prevail,  
in our day, in our own lives, and the life of all Israel,  
and let us say: *Amen*.  
Let God's great name be blessed for ever and ever.  
Let the glory of God be extolled,  
Let God's great name be sanctified in the world whose creation He willed.  
May the name of the Holy One be glorified,  
exalted and honored, though God is beyond all the praises, songs and adorations we could utter,  
and let us say: *Amen*.

## One God, One World, One Future

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.  
בְּרוּךְ שֵׁם כְּבוֹד מְלֻכּוּתוֹ לְעוֹלָם וָעֶד.

Sh'ma Yis-ra-eil, A-do-nai E-lo-hei-nu A-do-nai e-chad!  
Ba-ruch sheim k'vod mal-chu-to l'o-lam va-ed!

Hear, O Israel: Adonai is our God,  
Adonai is One!

Praised is God's glorious rule for ever and ever!

וְכַתְּבֵתְם עַל מְזוֹזוֹת בֵּיתְךָ וּבְשַׁעֲרֶיךָ:  
לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת-כָּל-מִצְוֹתַי,  
וְהֵייתֶם קְדוֹשִׁים לֵאלֹהֵיכֶם: אֲנִי יְיָ  
אֱלֹהֵיכֶם, אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ  
מִצְרַיִם, לִהְיוֹת לְכֶם לֵאלֹהִים, אֲנִי יְיָ  
אֱלֹהֵיכֶם:

וְאָהַבְתָּ אֶת יְיָ אֱלֹהֶיךָ, בְּכָל-לְבָבְךָ,  
וּבְכָל-נַפְשְׁךָ, וּבְכָל-מְאֹדְךָ. וְהָיוּ הַדְּבָרִים  
הָאֵלֶּה, אֲשֶׁר אֲנֹכִי מְצַוְּךָ הַיּוֹם,  
עַל-לְבָבְךָ: וְשָׁנַנְתָּם לְבִנְיָדְךָ, וְדַבַּרְתָּ בָּם  
בְּשִׁבְתְּךָ בְּבֵיתְךָ, וּבִלְכֹתְךָ בַּדֶּרֶךְ  
וּבְשֹׁכְבְךָ, וּבְקוּמְךָ. וְקִשְׁרָתָם לְאוֹת  
עַל-יָדְךָ, וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ,

V'a-hav-ta et A-do-nai E-lo-he-cha b'-chol l'vav-cha u-v'chol naf-sh'cha u-v'chol m'o-de-cha v'ha-yu ha-d'va-rim ha-ei-leh a-sher a-no-chi m'tza-v'cha ha-yom al'l'va-ve-cha. V'shi-nan-tam l'va-ne-cha v'di-bar-ta bam b'shiv-t'cha b'-vei-te-cha uv-lech-t'cha va-de-rech, uv-shoch-b'cha uv-ku-me-cha. U-k'shar-tam l'ot al ya-de-cha v'ha-yu l'to-ta-fot bein ei-ne-cha uch-tav-tam al m'zu-zot bei-te-cha u-vish-a-re-cha. L'ma-an tiz-ki'ru va-a-si-tem et kol mitz-vo-tai vi-yi-tem k'do-shim lei-lo-hei-chem. A-ni A-do-nai E-lo-hei-chem a-sher ho-tzei-ti et-chem mei-e-retz Mitz-ra-yim li-hi-yot la-chem lei-lo-him. A-ni A-do-nai E-lo-hei-chem.

You shall love Adonai your God with all your mind, with all your strength, with all your being. Set these words, which I command you this day, upon your heart. Teach them faithfully to your children; speak of them in your home and on your way, when you lie down and when you rise up. Bind them as a sign upon your hand; let them be a symbol before your eyes; inscribe them on the doorposts of your house, and on your gates. Be mindful of all My Mitzvot, and do them; so shall you consecrate yourselves to your God. I, Adonai, am your God who led you out of Egypt to be your God; I, Adonai, am your God.

\* \* \*

## Our Help and Our Redeemer

A very old song aroused me into life  
when it drove away my low spirits  
with its royal language

A song of generations silenced from days of old  
aroused me to life:

מִי כְמוֹכָה בְּאֱלִים יְיָ, מִי כְמוֹכָה נְאֻדָּר בְּקֹדֶשׁ, נוֹרָא תְהִילָת, עֲשֵׂה פִלָּא: עֲנוּ וְאָמְרוּ: יְיָ  
יְמַלֹּךְ לְעוֹלָם וָעֶד.

Mi Cha-mo-cha ba-el-im, Adonai, Mi Ka-mo-cha, ne-dar ba-ko-desh.  
No-rah t'hi-lot o-sei fe-leh. A-nu v'am-ru: A-do-nai yim-loch l'olam va'ed.

Who is like You, O God, among the mighty?  
Who is like You, glorious in holiness,  
Awesome in splendor, Maker of wonders?

## For the Coming of Night

Give us a place to rest, Adonai, our God,  
bring us into shelter in the soft,  
long evening shadows of Your truth.

*For with You are true protection and safety, and in Your presence are acceptance and gentle love. Watch over us as we go forth, prepare for us as we return.*

Spread over us Your shelter of peace, over all we love - over our Jerusalem and Yours.

## Prayer for God's Love

We are loved  
by an unending love.  
We are embraced  
by arms that find us  
even when  
we are hidden from ourselves.  
We are touched  
by fingers that soothe us  
even when  
we are too proud for soothing.  
We are counseled  
by voices that guide us  
even when  
we are too embittered to hear.

We are loved by an unending love.  
We are supported  
By hands that uplift us  
even in the  
midst of a fall.

We are urged on by eyes that meet us  
even when  
we are too weak for meeting

We are loved by an unending love  
Embraced, touched, soothed, and counseled...  
ours are the arms, the fingers, the voices;  
ours are the hands, the eyes, the smiles  
we are loved  
by an unending love.

## Amidah

(Please rise)

A-do-nai s'fa-tai tif-tach u-fi ya-gid  
t'hi-la-te-cha.

אֲדֹנָי שְׁפֹתַי תִּפְתָּח וּפִי יִגִּיד תְּהִלָּתְךָ:

*Eternal God, open my lips that my mouth may declare Your praise.*

Ba-ruch A-tah A-do-nai E-lo-hei-nu vei-lo-hei  
a-vo-tei-nu v'i-mo-tei-nu:  
E-lo-hei Av-ra-ham, E-lo-hei Yitz-chak vei-lo-hei  
Ya-a-kov. E-lo-hei Sa-ra, E-lo-hei Riv-ka, E-lo-hei  
Ra-chel, vei-o-hei Lei-ah.  
Ha-eil ha-ga-dol ha-gi-bor v'ha-no-rah  
Eil el-yon go-meil cha-sa-dim to-vim v'ko-nei  
ha-kol v'zo-cheir chas-dei a-vot v'i-ma-hot  
u-mei-vi g'u-lah liv-nei v'nei-hem l'ma-an sh'mo  
b'a-ha-vah. Me-lech o-zeir u-mo-shi-a  
u-ma-gein. Ba-ruch A-tah A-do-nai, ma-gein  
Av-ra-ham v'ez-rat -Sa-rah.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ  
וְאִמּוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק  
וְאֱלֹהֵי יַעֲקֹב. אֱלֹהֵי שָׂרָה אֱלֹהֵי רַבְּקָה,  
אֱלֹהֵי רָחֵל וְאֱלֹהֵי לֵאָה.  
הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֲלִיּוֹן,  
גּוֹמֵל חַסְדִּים טוֹבִים, וְקוֹנֵה הַכֹּל, וְזוֹכֵר  
חַסְדֵי אֲבוֹת וְאִמּוֹת, וְמַבִּיא גְּאֻלָּה לְבָנָי  
בְּנֵיהֶם לְמַעַן שְׂמוֹ בְּאַהֲבָה: מְלֶכֶךְ עוֹזֵר  
וּמוֹשִׁיעַ וּמְגַן: בְּרוּךְ אַתָּה יי, מְגַן אַבְרָהָם  
וְאַזְרַת וְשָׂרָה

We praise You, our God, and God of Abraham and Sarah, God of Isaac and Rebecca and God of Jacob, Leah and Rachel, the great, mighty and awesome God, God most High. Bestower of loving kindness, Creator of all, You remember the piety of ancestors and bring redemption to their descendants out of love alone. You are Sovereign, Helper, Savior and Shield. Praised are You, Adonai, Shield of Abraham and Sarah.

כְּמוֹךָ בְּעַל גְּבוּרוֹת וּמִי דְּוָמָה לָךְ, מְלֶכֶךְ  
מְמִית וּמְחַיֶּה וּמְצַמִּיחַ יְשׁוּעָה: וְנִאֶמֶן  
אַתָּה לְהַחְיֹת הַכֹּל (מֵתִים). בְּרוּךְ אַתָּה יי,  
מְחַיֶּה הַכֹּל (מֵתִים).

אַתָּה גְּבוּר לְעוֹלָם אֲדֹנָי, מְחַיֶּה הַכֹּל  
(מֵתִים) אַתָּה, רַב לְהוֹשִׁיעַ: מְכַלְכֵּל חַיִּים  
בְּחַסֵּד, מְחַיֶּה הַכֹּל (מֵתִים) בְּרַחֲמִים רַבִּים,  
סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמְתִיר  
אֲסוּרִים, וּמְקַיֵּם אֲמוּנָתוֹ לִישְׁנֵי עָפָר, מִי

A-tah gi-bor l'o-lam A-do-nai, m'cha-yei ha-kol (meitim), rav l'ho-sh-iah m'chal-keil cha-yim  
v'che-sed, m'cha-yei ha-kol (meitim) b'- -cha-mim ra-bim, so-meich nof-lim, v'ro-fei cho-lim,  
u'-ma-tir a-su-rim, um'ka-yeim e-mu-na-to li-shei-nei a-far mi cha-mo-cha ba'-al g'-vu-rot u'mi  
do-meh lach, me-lech mei-mit um-cha-yei u-matz-mi-ach yesh-u-a. V'ne-he-man a-tah  
l'ha-cha-yot ha-kol (meitim). Ba-ruch A-tah A-do-nai, m'cha-yei ha-kol (ha-meitim).

Your might is everlasting, O Eternal One, You give life to all things. Abundant is Your power to save. With love You sustain the living, with great compassion revitalize all. You help the falling and heal the sick; You free the captive and keep faith with those who sleep in the dust.

Who is like You, Mighty One? Who is Your equal, Sovereign of life and death, Source of salvation? You faithfully sustain all life. Praised be You, O Eternal, who revitalizes all life.

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### Weekday Petitions (*Bakhashot* - בקשות)

בָּרוּךְ אַתָּה יְיָ, חוֹנֵן הַדַּעַת.

Baruch Atta Adonai, chonain ha'da'ah  
Blessed Holy One, teach us understanding. Blessed are You, who graces us with knowledge

בָּרוּךְ אַתָּה יְיָ, הָרוֹצֵה בְּתְשׁוּבָה.

Baruch Atta Adonai, harotzei beetshuvah  
Blessed are You, Who welcomes the returnee

בָּרוּךְ אַתָּה יְיָ, חַנּוּן הַמְרַבֵּה לְסִלְחָה.

Baruch Atta Adonai, hamarbeh lisloach  
Blessed are You, abounding in forgiveness

בָּרוּךְ אַתָּה יְיָ, גּוֹאֵל יִשְׂרָאֵל.

Baruch Atta Adonai, goel Yisrael  
Blessed are You, the helper of Israel

בָּרוּךְ אַתָּה יְיָ, רוֹפֵא חוֹלֵי עַמּוֹ יִשְׂרָאֵל.

Baruch Atta Adonai, rofei choley amo Yisrael  
Blessed Holy One, heal us and let us be healed

בָּרוּךְ אַתָּה יְיָ, מְבַרֵךְ הַשָּׂנִים.

Baruch Atta Adonai, mvareich hashanim  
Blessed Holy One, help us to prosper

ברוך אתה יי, מקבץ נדחי עמו ישראל.

Baruch Atta Adonai, m'kabietz nidchei amo Yisrael  
Blessed Holy One, let us be united in freedom

ברוך אתה יי, מלך אוהב צדקה ומשפט .

Baruch Atta Adonai, melech oheiv tzedakah u'mishpat  
Blessed Holy One, pour out your spirit upon those who lead

ברוך אתה יי, משען ומבטח לצדיקים.

Baruch Atta Adonai, mishan u'mivtach latzdakim  
Blessed Holy One, sustain the upright

ברוך אתה יי, בונה ירושלים.

Baruch Atta Adonai, boneh Yerushalim  
Blessed are You, the builder of Jerusalem.

ברוך אתה יי, מצמיח קרן ישועה.

Baruch Atta Adonai, matzmiach keren yeshua  
Blessed Holy One, sustain our hope for a better world

שמע קולנו, יי אלהינו, וקבל ברחמים ובִרְצוֹן אֶת תְּפִלָּתֵנוּ.

Shma koleinu, Adonai Eloheinu, v'kabeil b'rachamim u'v'Tzion et t'filateinu  
Hear our prayers, Adonai our God, and receive them in favor and love.

R'tzei A-do-nai E-lo-hei-nu, b'am-cha  
Yis-ra-eil, u-ti-fi-la-tam b'a-ha-vah t'ka-beil.  
ut'hee l'ra-tzon ta-mid a-vo-dat Yis-ra-eil  
a-me-cha.

רצה, יי אלהינו, בעמך ישראל ותפלתם  
באהבה תקבל, ותהי לרצון תמיד  
עבודת ישראל עמך.

Show favor toward Your people Israel, Adonai our God, and lovingly receive their prayers. May the worship of Your people Israel always be acceptable.

מוֹדִים אֲנַחְנוּ לָךְ, שְׂאֲתָהּ הוּא, יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ, לְעוֹלָם וָעֶד, צוֹר חַיֵּינוּ, מִגֵּן  
יְשַׁעֵנוּ, אֲתָהּ הוּא לְדוֹר וָדוֹר נוֹדָה לָךְ וְנִסְפָּר תְּהִלָּתְךָ.

We give thanks to You, Adonai our God and God of our ancestors. You are the Rock of our lives, the shield of our salvation for all generations. We thank You and recite Your praises: for our lives, which are in Your hand; for our souls, which are in Your keeping; for Your miracles that are with us daily; and for Your wondrous goodness at all times, morning, noon and night. You are goodness; Your compassion never ends. You are the Merciful One: Your love endures forever. You have always been our hope. Let all the living affirm You and praise Your name in truth as the God of our salvation and help. Praised are You, Adonai, whose name is Goodness. All praises to You.

בְּרוּךְ אַתָּה יְיָ, הַטוֹב שְׂמִיךְ וְלָךְ נֶאֱדָה לְהוֹדוֹת.

Baruch Atta Adonai ha tov shimcha u'lecha naeh l'hodote  
Praised are You, O God, whose name is Goodness and to Whom our praise is due.

\* \* \*

Sim sha-lom, to-vah uv'ra-chah, chein  
va-che-sed v'ra-cha-mim, a-lei-nu v'al kol  
Yis-rael a-me-cha.

שִׁים שְׁלוֹם טוֹבָה וּבְרָכָה, חֵן וְחֶסֶד  
וְרַחֲמִים, עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל עַמְּךָ

Peace, goodness, and blessing; grace and love and mercy: may these descend on us and upon all of Israel Your people. Bless us, our Parent, one and all with the light of Your presence; for by that light, Adonai our God, You have given us a teaching of life, love and caring, of righteousness and blessing, of compassion, life and peace. And may it be Your will to bless Your people at all times, in every moment, with Your peace. Praised are You, Adonai, who blesses the people Israel with peace.

\*

Shalom rav al Yisrael amcha, tasim l'olam.  
Ki Atta hu melech adon l'chol hashalom.  
V'tov b'aiynecha l'varech et amo Yisrael  
b'chol eit uvchol sha'ah bishlomecha.  
Baruch Atta Adonai, ham'verech et amo  
Yisrael bashalom.

שְׁלוֹם רַב עַל יִשְׂרָאֵל עַמְּךָ תְּשִׁים לְעוֹלָם  
כִּי אַתָּה הוּא מֶלֶךְ אֲדוֹן לְכָל הַשְּׁלוֹם.  
וְטוֹב בְּעֵינֶיךָ לְבָרֵךְ אֶת עַמְּךָ יִשְׂרָאֵל בְּכָל  
עֵת וּבְכָל שָׁעָה בְּשִׁלּוֹמְךָ.  
בְּרוּךְ אַתָּה יְיָ הַמְּבָרֵךְ אֶת עַמּוֹ יִשְׂרָאֵל  
בְּשִׁלוֹם

Grant abundant peace to Israel Your people forever for You are the Sovereign God of all peace.  
May it be pleasing to You to bless Your people Israel in every season and moment with peace.

\* \* \*

## Silent Meditation

There are often times, O God, when I feel alone, and yet I know in my heart that I am never alone. You are always there waiting for me to speak to You of my desires, hopes and dreams.

Yet how seldom do I reach out to You to voice my gratitude for all that is beautiful in my life ... all the gifts of my life. Love, family, friendship have come from You.

But the greatest gift of all is Your presence, which time and again has given me strength, faith and courage.

Now, in the midst of doubt and confusion, I need to know that You are beside me in the depth of my being. With You there, I know I am not alone-ever.

My Friend, my strength, my God.

## Seal Upon Our Prayers

O-seh sha-lom bim-ro-mav hu ya-a-seh sha-lom  
a-lei-nu, v'al kol Yis-ra-eil, v'im-ru a-mein.

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם  
עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ אָמֵן:

May the One who causes peace to reign in the high heavens let peace descend on us, on all Israel, and all the world.

Give ear, O Eternal, to my prayer, heed my plea for mercy.

In my time of trouble I call You, for You will answer me.

When pain and fatigue are my companions, Let there be room in my heart for strength.

When days and nights are filled with darkness, Let the light of courage find its place.

Help me to endure the suffering and dissolve the fear, Renew within me the calm spirit of trust and peace.



## Aleinu

A-lei-nu l'sha-bei-ach la-a-don ha-kol.  
La-teit g'du-lah l'yo-tzer b'rei-shit; she-lo  
a-sa-nu k'go-yey ha-a-ra-tzot, v'-lo  
sa-ma-nu k'mish-p'chot ha-a-da-mah.  
She-lo sam chel-kei-nu ka-hem  
v'go-ra-lei-nu k'chol ha-mo-nam.

עֲלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל, לְתַת גְּדֻלָּה  
לְיוֹצֵר בְּרֵאשִׁית,  
שֶׁלֹא עָשָׂנוּ כְּגוֹיֵי הָאָרְצוֹת,  
וְלֹא שָׁמְנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה, שֶׁלֹא שָׂם  
חֶלְקֵנוּ כָּהֶם, וְגָרְלָנוּ כְּכֹל הַמוֹנִם

Va-a-nach-nu ko-r-im u-mish-ta-cha-vim  
u-mo-dim lif-nei me-lech mal-chei  
ham-la-chim ha-ka-dosh ba-ruch hu.

וְאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים, לְפָנֶי  
מֶלֶךְ, מַלְכֵי הַמַּלְכִּים, הַקְּדוֹשׁ בְּרוּךְ הוּא.

We praise the Creator of all, to give acclaim to the Maker of creation, who made us unlike other peoples of the world, and did not establish us to be like the other families of the earth. Who made our heritage different from theirs, and assigned us a unique destiny. Therefore we bend the knee, bow and give thanks before the supreme Sovereign, the Blessed Holy One.

Sh'hu no-tei sha-my-im v'yo-seid a-retz,  
u-mo-shav y'ka-ro ba-sha-my-im mi-ma-al,  
u-sh'chi-nat u-zo b'gov-hey m'ro'mim, hu  
e-lo-hei-nu ein od. E-met mal-kei-nu e-fes  
zu-la-to, ka-ka-tuv b'to-ra-to. v'-ya-da-ta  
ha-yom va-ha-shei-vo-ta el l'va-ve-cha, ki  
A-do-nai hu ha-e-lo-him ba-sha-my-im  
mi-ma-al, v'al ha-a-retz mi-ta-chat ein od.

שְׁהוּא נוֹטֵה שָׁמַיִם וְיָסַד אֶרֶץ, וּמוֹשֵׁב  
יְקָרוֹ בְּשָׁמַיִם מִמַּעַל, וּשְׁכִינַת עֶזְרוֹ בְּגִבְהֵי  
מְרוֹמִים, הוּא אֱלֹהֵינוּ אֵין עוֹד. אֱמֶת  
מְלַכְנוּ אָפֶס זוֹלָתוֹ, כְּכַתוּב בְּתוֹרָתוֹ:  
וַיִּדְעַת הַיּוֹם וְהַשַּׁבָּת אֶל לְבַבְךָ, כִּי יְיָ הוּא  
הָאֱלֹהִים בְּשָׁמַיִם מִמַּעַל, וְעַל הָאָרֶץ  
מִתַּחַת, אֵין עוֹד:

God spread out the heavens and established the earth, God's presence dwells in every place. This is our God; there is none else. As it is written in the Torah: Know then this day and take it to heart - Adonai is God in the heavens above and the earth below; there is none else.

*Therefore our hope is in You, Eternal our God, that we will soon behold the glory of Your might. Then false gods will vanish from the world and the world will be mended through the sovereignty of the Almighty. And then all will acclaim You as their God, and, forsaking evil, turn to You alone.*

Ba-yom ha-hu, yih'yeh A-do-nai e-chad,  
u-sh'mo e-chad.

בַּיּוֹם הַהוּא יִהְיֶה יְיָ אֶחָד, וּשְׁמוֹ אֶחָד:

And on that Day, God shall be One and God's Name shall be One.

## Psalm 23

מִזְמוֹר לְדָוִד יְהוָה רֹעִי לֹא אֶזְכָּר:  
2 בְּנֵאֲוֹת דָּשָׁא יִרְבִּיצֵנִי עַל־מִי בְּנִזְוֹת יִנְהַלֵּנִי:  
3 נַפְשִׁי יִשׁוּבֵב יִנְוֶנֶי בְּמַעְגְלֵי־צְדָק לְמַעַן שְׁמוֹ:  
4 גַּם כִּי־אֵלֶךְ בְּגֵיא צַלְמוֹת לֹא־אִירָא רָע כִּי־אֲתָה עִמּוֹדֵי שִׁבְטֶךָ  
וּבִשְׁעֵנֶתְךָ הִבְיָה יִנְוֶנֶנִי:  
5 תַּעֲרֹךְ לְפָנַי שִׁלְוֹן נֶגֶד צַרְרֵי הַשְּׁנֵת בְּשֹׁמֵן רֹאשִׁי כוֹסֵי רוּחָה:  
6 אָרוּ טוֹב וַזְּכֹר יִרְדְּפוּנִי כָּל־יְמֵי וַזְּכֹר יִשְׁבְּתִי בְּבֵית־יְהוָה לְאָרְךָ  
יָמִים:

### *A Psalm of David*

*Adonai is my shepherd, I shall not want. You make me lie down in green pastures. You lead me beside still waters. You restore my soul. You lead me in the path of righteousness for the sake of Your name. Even when I walk in the valley of the shadow of death, I shall fear no evil, for You are with me. With rod and staff You comfort me.*

*You have set a table before me in the presence of my enemies. You have anointed my head with oil. My cup overflows. Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of Adonai forever.*

## El Malei Rachamim: God Full of Mercy

לזכר: אל מלא רחמים שוכן במרומים. המצא מנוחה נכונה תחת כנפי השכינה. במעלות  
קדושים וטהורים כזהר הרקיע מזהירים את נשמת (פלונני) בן (פלונני) שהלך לעולמו.  
בעל הרחמים יסתירהו בסתר כנפיד לעולמים. ויצרור בצרור החיים את נשמתו. יי הוא  
נחלתו: וינוח בשלום על משכבו. ונאמר אמן.

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את נשמתה. יי הוא נחלתה ותנוח בשלום על משכבה. ונאמר אמן.

O God full of compassion, You who dwell on high, grant perfect rest under the wings of Your Presence,  
in the company of the holy and pure ones, to our loved one, \_\_\_\_\_ who has entered  
eternity. Merciful One, let him/her find refuge forever in the shadow of Your wings, and let his/her soul  
be bound up in the bond of eternal life. Adonai is his/her inheritance, may he/she rest in peace, and let  
us say: *Amen!*

\* \*

'Tis a fearful thing  
to love what death can touch.

A fearful thing  
to love, to hope, to dream, to be –  
to be, and oh, to lose.

A thing for fools, this,  
And a holy thing,  
a holy thing to love.

For your life has lived in me,  
your laugh once lifted me,  
your word was gift to me.

To remember this brings painful joy.

'Tis a human thing, love,  
a holy thing, to love  
what death has touched.

## Mourner's Kaddish

### קדיש יתום

יִתְגַּדֵּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעֵלְמָא דִּי בְּרָא כְרַעוּתָהּ, וְיִמְלִיךְ מַלְכוּתָהּ בְּחַיֵּינוּ וּבְיוֹמֵינוּ  
וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעֵגְלָא וּבְזֶמֶן קָרִיב וְאִמְרוּ אָמֵן:  
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמָא וְלְעָלְמֵי עָלְמַיָּא: יִתְבָּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא  
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְּקָדְשָׁא בְּרִיךְ הוּא, לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירָתָא,  
תְּשַׁבְּחָתָא וְנַחֲמָתָא, דְּאִמְרִין בְּעֵלְמָא, וְאִמְרוּ אָמֵן:  
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן:  
עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ  
וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן:

Yit-ga-dal v'yit-ka-dash, sh'mei ra-bah, be-al-ma di-ve-ra chi-re-u-tei, ve-yam-lich mal-chu-tei  
be-cha-yei-chon u-ve-yo-mei-chon u-ve-cha-yei de-chol beit Yis-ra-eil, ba-a-ga-la u-vi-ze-man ka-riv,  
ve-i-me-ru: A-mein.

Ye-hei she-mei ra-ba me-va-rach le-a-lam u-le-al-mei al-ma-ya. Yit-ba-rach ve-yish-ta-bach, ve-yit-pa-ar  
ve-yit-ro-mam ve-yit-na-sei, ve-yit-ha-dar ve-yit-a-leh ve-yit-ha-lal she-mei de-ku-de-sha, be-rich hu,  
le-ei-la min kol bi-re-cha-ta ve-shi-ra-ta, tush-be-cha-ta ve-ne-che-ma-ta, da-a-mi-ran be-al-ma,  
ve-i-me-ru: a-mein. Ye-hei she-la-ma ra-ba min she-ma-ya ve-cha-yim a-lei nu ve-al kol Yis-ra-eil,  
ve-i-me-ru: a-mein.

O-sheh sha-lom bi-me-ro-mav, hu ya-a-seh sha-lom a-lei-nu ve-al kol Yis-ra-eil, ve-i-me-ru: a-mein.

Let the glory of God be extolled, let God's great name be sanctified in the world. May the will of Heaven soon prevail, in our day, in our own lives, and the life of all Israel, and let us say Amen.

Let God's great name be blessed for ever and ever.

Let the name of the Holy One be glorified, exalted and honored, though God is beyond all the praises, songs and adorations we could utter, and let us say: Amen.

For us and all Israel may the blessing of peace and the promise of life come true, and let us say: Amen.

May the One who causes peace on high cause peace to descend on us, all Israel, and all the world, and let us say:

Amen.

May the Source of peace send peace to all who mourn and comfort to all who are bereaved. Amen.